



family fun



Scan for a complete list of activities or visit TodayAtAtlantis.com

GOOD LIES MINI GOLF | To book visit AtlantisGoodLies.com

DOLPHIN CAY EXPERIENCES | Daily | 8am - 5pm
Dial ext. 41 to book - **Fee applies.**

SNO-CONE | Mo - Su | 10am - 5pm | Poseidon's Playzone

ARTS & CRAFTS | Mo & Sa | 10:30am
(Mo) Mayan Bandstand | (Sa) Poseidon's Playzone

FAMILY FEUD CHALLENGE | Tu | 10:30am | Poseidon's Playzone

3 POINT COMPETITION | We | 10:30am | Sports Center

BUCKET GOLF TOURNAMENT | Th | 10:30am | Flying Fish Knoll

PING PONG TOURNAMENT | Fr | 10:30am | Mayan Deck

LIMBO COMPETITION | We | 1pm | Royal Baths Pool

BOCCE BALL | Fr | 1pm | Flying Fish Knoll

ULTIMATE COUCH POTATO | Sa | 1pm | Royal Baths Pool

COCONUT BOWLING | Mo | 2pm | The Royal Deck

SHUFFLEBOARD TOURNAMENT | Tu | 2pm | The Royal Deck

SPORTS TRIVIA CHALLENGE | Th | 2pm | Mayan Bandstand

PHOTO SCAVENGER HUNT | We | 2:30pm | Flying Fish Knoll

BINGO | Mo - Sa | 4pm | (Mo & Sa) Flying Fish Knoll
(Tu & Th) Poseidon's Playzone | (We & Fr) Mayan Bandstand

AQUAVENTURE

GUEST SERVICES, TOWELS & WRISTBANDS | 9am - 7pm

POOLS, BEACHES & CABANAS | 9am - 7pm
THE CORAL POOL & CABANAS - CLOSED
THE EDGE BEACH RESERVE - CLOSED TUESDAY & FRIDAY

AQUAVENTURE RIDES & SLIDES | 10am - 7pm

FISH FEEDINGS | Download the Atlantis Mobile App for details.

kids

Atlantis Kids Adventures - Themed adventures, culinary lessons and outdoor play. Ages 3-12. Activity fee applies.
To book, visit AtlantisKidsAdventures.com. **Proof of age required.**

KIDDIE COOKING | Mo, Tu & Th - Su | Times Vary

FISH TALES | Th | 10:30am - 1pm

CHOOSE YOUR OWN ADVENTURE | Fr & Sa | 10:30am - 1pm

ALL DAY MERMAID EXPERIENCE | Sa | 12pm - 4pm

POOLSIDE MERMAID | Tu & Th | 2pm - 4:30pm

AFTERNOON ADVENTURE | Mo, Fr & Su | 2pm - 4:30pm

KIDS NIGHT OUT | Mo, Tu, Th - Su | 6:30pm - 10pm

📍 Atlantis Kids Adventures, The Royal

teens

CRUSH - Mega gaming lounge, dance floor and fun family sessions. CRUSH tours available: We - Su | 5pm - 8pm | **Proof of age required.** To book, visit CrushAtlantis.com or dial ext. 65946.

FAMILY SESSION | We & Th | 4pm - 11pm | All Ages

TWEEN SESSION | Fr - Su | 5pm - 9pm | Ages 9 - 13

TEEN PARTY NIGHT | Fr - Su | 9:30pm - 12am | Ages 13 - 17

GAME NIGHT SATURDAYS (AIR HOCKEY EDITION) | Sa
9:30pm - 12am | Ages 13 - 17

📍 CRUSH, The Coral - Lower Level

wellness

FITNESS CENTER | Daily | 5:30am - 8pm | The Royal Breezeway
Personal training and fitness classes available daily.
To book a session, dial ext. 65246.

TENNIS & PICKLEBALL CENTER | Daily | 8am - 7pm
Take any shuttle - To reserve a court or for lessons, dial ext. 69300.

TENNIS KICKSTART | Tu & Th | 10am | Tennis Center
To book your court time, dial ext. 69300.

YOGA IN PARADISE | Su - Fr | 8am | Fitness Center

MANDARA SPA | Daily | 10am | To book, scan the QR code or dial ext. 65900

FRIENDS OF BILL W. | Daily | 11am
Upper Level - Atlantis Library, The Coral - Self Led

GOLF | Daily | 7am | Ocean Club Golf Course
To book your tee time, dial ext. 64562/3.



BOOK SPA



dining



To book a reservation, or for restaurant operating hours, scan the QR Code or visit AtlantisDining.com.

ALL DAY | **NEW** Dylan’s Candy Bar, Gong cha, Ben & Jerry’s, Clubhouse, Plato’s Patisserie, The Dilly Club, Starbucks - Aquaventure, Marina Village, The Coral, and The Reef

BREAKFAST | Clubhouse, Perch, Starbucks - Aquaventure, Marina Village, The Coral, and The Reef, Poseidon’s Table, Sunset Point, Plato’s Patisserie

LUNCH | **NEW** Amber, 10+ Aquaventure Outlets, Cocodrilo, Claudio’s, Sip Sip, Marina Pizzeria

DINNER | **NEW** Amber, Café Martinique, Carmine’s, Claudio’s, Fish, Marina Pizzeria, Paranza, Nobu, Poseidon’s Table, Seafire Steakhouse, Sip Sip

BARS & LOUNGES | Aura, Bar Sol, Moon Bar, Sea Glass, Plato’s, Claudio’s, Cocodrilo, Race & Sportsbook Bar, Mayan Cart, Shake Shack Bar, The Dilly Club, The Beach Bar, Good Lies Sports Bar



FOODIES CORNER



ITALIAN APERITIVO SOCIAL
Paranza | Tu - Sa | 5pm - 10pm
Elevate your evening with a handcrafted signature cocktail, perfectly paired with your choice of a savory bite.

HAPPYHOURATLANTIS.COM



CAFÉ MARTINIQUE
Marina Village | Tu - Sa | 5:30pm - 10pm
Experience elegant French classics masterfully reimagined with vibrant, locally sourced Bahamian flavors.

ATLANTISDINING.COM

adults

ATLANTIS RACE & SPORTSBOOK | Daily | Times vary
Mo - Fr 3pm - 11pm | Sa - Su 11am - 11pm |
Kiosks are available 24/7.

CASINO | Slots 24 hrs
Table Games: Daily | 10am - 4am
The Cove Pool Table Games: Daily | 10am - 7pm

7 SLOT TOURNAMENT SERIES | Tu & Fr
Registration - 11am | Tournament - 12pm
*Must have a Casino Players Card

FREE GAMING LESSONS | Daily | 3pm | The Casino

BUY ONE GET ONE FREE HAPPY HOUR | Daily | 5pm - 6pm

 **RETRO REVIVAL SATURDAYS** | Sa | 7pm - 11pm | Sea Glass

 **WATCH THE NFL GAMES** | Mo, Th, & Su | 7pm - 11pm | Bar Sol, Good Lies, Plato’s, Race & Sports Book, Sea Glass
*Game schedules may vary by location.

AURA NIGHTCLUB | Fr & Sa | 10pm - 4am | The Casino

live entertainment



BAR SOL
LIVE DJ
Mo - Su | 8pm - 2am
The Casino

SEA GLASS
LIVE DJ - 70s, 80s, 90s
Fr & Sa | 7pm - 11pm
The Cove



Descend Into a New
Depth of Wellness
NOW OPEN
THE REIMAGINED MANDARA SPA

Book Your Experience Today
Now offering thermal experiences, Medi-Spa treatments, IV therapies, salon services, and restorative spa rituals.
Located Between The Royal and The Cove



PARADISE ISLAND
STRAW MARKET



Discover dozens of booths selling Bahamian handicrafts, sea treasures, conch shell jewelry, candles, Junkanoo art, paintings, straw work, and unique Bahamian fabric.

DAILY | 8:30 AM - 8 PM

Maui Jim 



Discover the world’s fastest-growing premium polarized sunglasses brand, now located at the Crystal Court.

THE CORAL
DAILY | 10 AM - 10 PM